



Skåne 2009

Invitation 10MILA Skåne 18-19 April 2009



Photo over competition area for 10MILA 2009. Taken on May 7, 2008



On behalf of 10milaföreningen the association 10MILA Skåne 2009 welcomes orienteers and spectators to the 64:th men's relay, the 33:rd women's relay, the 18:th junior relay and the 2:nd relay for sponsors, etc.

The competition takes place on Saturday/Sunday 18/19 April 2009, with the competition centre at Äktaboden in Klippan and Perstorp municipalities.

Classes and approximate course lengths (including approx. 500 m taped route)

MEN. Start Saturday 22:00 (prel)

Leg	Gaffled	Course length
1	Yes	13000
2	Yes	13000
3	Yes	7000
4	No	18000
5	Yes	7000
6	Yes	10000
7	Yes	10000
8	Yes	6000
9	Yes	6000
10	Yes	17000

WOMEN. Start Saturday 15:00 (prel)

Leg	Gaffled	Course length
1	Yes	7500
2	Yes	7500
3	No	5000
4	Yes	7000
5	Yes	9500

JUNIOR. MW-16. Start Saturday 12:30 (prel)

Leg	Gaffled	Difficulty	Course length
1	Yes	3	4500
2	No	2	3000
3	Yes	3	4500
4	No	4	6000

The team's total age may, during 2009, not be greater than 58 years (counted in whole years). The team must include at least two girls.

OPEN RELAY for veterans, sponsors, company teams, etc. Start Saturday 10:45 (prel)

Leg	Gaffled	Difficulty	Course length
1	Yes	3	4500
2	No	2	3000
3	Yes	3	4500

Starting position

The 2009 starting positions correspond to the team's 10MILA placing in 2008, for the 100 best junior teams and the 150 best men's and women's teams.

Map

The map scale is 1:10 000 in all classes, with counter interval 5 meters. Offset printed. Maps were drawn in 2008/2009. In the men's relay, leg 1, 2, 4 (long night) and leg 10 will have 1:15 000 maps.

Terrain description

Open runnable forest with big, detailed contours, mainly on the longest courses. Running is generally easy, but some areas are covered with undergrowth. Strains of marshes also exist.

GPS-tracking

GPS Tracking will be used on a number of legs in the women's and men's relays. Which legs it will be will be announced in the competition-PM (final information) and at www.10mila.se.

The organizers will supply equipment for GPS Tracking. The organizers decide which teams should carry tracking equipment no later than 1 hour before the start of the given leg. Teams, which do not agree to carry the equipment for GPS Tracking, will be disqualified immediately from the competition.

Assembly/Competition centre

Åktaboden. Signposted from road between Ljungbyhed and Riseberga. Distance from parking to assembly, about 2000 meters. Distance from unloading place and bus disembarking spot, about 300 meters.

Entry

Entries should reach the organizers by 28 February 2009 at the latest, via www.10mila.se. That applies to team entries, hiring SI-cards, accommodation (floor space), hiring military tents, and pitches for caravans, tents, and club tents. Entries will only be registered after all payments have reached the organizers. The total amount to pay is shown on www.10mila.se at the time of entry.

Entry via www.10mila.se will be confirmed by e-mail, and can be checked in the entry register after the entry has reached the organizers. Late or non-payment will lead to the entry being treated as a late entry. Entry on www.10mila.se is expected to open 25 October 2008.

Late entry

Entries and payments arriving after 28 February 2009 and up to 9 April 2009 will be treated as late entries, and lead to 50 percent higher fees. Payments made after 9 April, including at the competition centre on 18 April, lead to 100 percent higher fees.

Team entries can be made at the competition centre, at double normal fees.

Team composition

Combination teams, according to SOFT's competition rules, are allowed. The names of the team members, running order, and numbers of the SI-cards, must be reported via www.10mila.se, by Wednesday April 15, 20:00, at the latest. Note that an SI-card may only be used once during the 10mila weekend. At the competition centre we have a service where we match juniors without a team with junior teams needing extra runners.

Punching system

SportIdent. Own SI-cards may be used. Note that it is not possible to hire SI-cards for parts of a team. Some type 6 SI-cards will be available for hire, subject to availability. **On legs No 4 and 10 in men's relay you must use type 6 SI-card.**

Camping and accommodation

Pitches for club tents at the competition centre may be hired and will be reserved after registration and payment received by the organizer. Sites for tents are available on the assembly area; use the area designated. Military tents can be rented, pre-pitched. Floor space may also be rented. Places must be booked and paid for in conjunction with competition entries. It will also be possible to hire larger "party" tents and additional equipment, at the competition centre. Information on the above will appear at www.10mila.se.

Changing

Hot showers, outdoors.

Refreshments

Restaurant, and a number of kiosks, will be found on the competition area. The restaurant will serve lunch consisting of five different dishes, salad and drinks. These dishes can be pre-booked.

You will also find coffee, tea, porridge, sandwiches, buns, cakes, sweets, fruit, hot dogs and hamburgers on the competition area.

Entry charges (SEK)

	By 2008-11-30	By 2009-02-28	By 2009-04-11
Team, Open Relay	765	840	1260
Junior team	260	260	390
Women's team	1275	1400	2100
Men's team	2550	2800	4200
Club tent pitch (max 1 club tent/team can be booked)	400	400	600
Military tent, pre-pitched	1800	1800	2500
Space for tent, 10x10m ¹⁾	800	800	1200
Unloading ticket ²⁾	100	100	100
Space for car + caravan, or campervan	Information later on www.10mila.se		
Floor space (Friday-Sunday – 2 nights)	150	150	150
Bus parking (pre-booked ³⁾)	0	0	0
Bus parking (competition day), 600 SEK			
SI-cards men's team. (SI-card 5)	250	250	250
SI-cards women's team. (SI-card 5)	125	125	125
SI-cards junior team. (SI-card 5)	100	100	100
SI-cards other teams. (SI-card 5)	75	75	75
Hotel accommodation, youth hostel, etc	www.10mila.se		
Bus ticket Ljungbyhed–Competition centre–Ljungbyhed ⁴⁾	40	40	60
Lunch ticket (dishes incl drinks)	60	60	60

¹⁾ Transport of tents etc from the unloading place to the competition centre included in the price. Transport of small car trailers from unloading place to competition centre can be offered for 200 SEK.

²⁾ Valid for cars to drive to the unloading place (about 300 meters from competition centre) and after that parking on the intended parking place (about 2000 meters from competition centre).

- 3) The charge for the parking of cars and pre-booked buses included in the entry fee.
 4) The ticket is personal and applies Saturday and Sunday.

Payment of fees

Payment in Sweden: Account holder 10MILA Skåne
 Bankgiro (BG): 5356-7624

Mark the slip with 10MILA 2009 and the club name.

Payments made outside Sweden:
 IBANcode: SE76 8000 0821 4990 4283 5299
 BIC (SWIFT-adr): SWEDSESS

Non-payment of fees (all) – no start.

Competition organization

Competition chief	Roland Nilsson	OK Kompassen	+46 706 44 57 90	rnilsson@telia.com
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